

# **Dewdney Elementary School**

**C.O.R.E.**

**(Community Outdoor Recreation and Environment)  
Education Program**



**“Let Nature be your teacher”  
William Wordsworth**

# Why outdoor education?

What the research is saying....

- Learning outside the classroom raises educational standards
- It makes a powerful contribution to curriculum aims
- Outdoor activity helps to address health problems and enhances wellbeing



Source: Trost S. Active Education: Physical Education, Physical Activity and Academic Performance. A Research Brief. Princeton, NJ: Active Living Research, a National Program of the Robert Wood Johnson Foundation. Summer 2009. Available from [www.activelivingresearch.org](http://www.activelivingresearch.org).

# Why outdoor education?

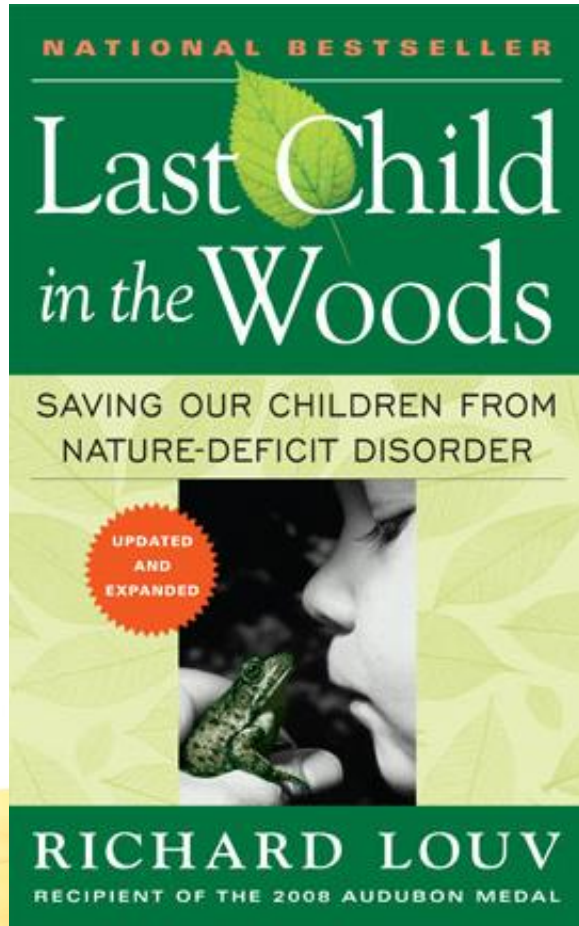
What the research is saying....

- it builds cross-cultural understanding and can change communities,
- it helps to reduce anti-social behaviour, crime and disengagement from education,
- it helps young people to manage risk and encourages them to welcome challenge.



Source: Trost S. Active Education: Physical Education, Physical Activity and Academic Performance. A Research Brief. Princeton, NJ: Active Living Research, a National Program of the Robert Wood Johnson Foundation. Summer 2009. Available from [www.activelivingresearch.org](http://www.activelivingresearch.org).

# Research on the importance of outdoor learning



"...growing body of research indicating that direct exposure to nature is essential for healthy childhood development and for the physical and emotional health of children".

Scientific evidence that "direct exposure to nature is essential for physical and emotional health... may reduce the symptoms of Attention Deficit Hyperactivity Disorder and that it can improve all children's cognitive abilities and resistance to negative stresses and depression".



# Our Vision

***To make connections between outdoor experiences and classroom learning***



# Our Mission

*To motivate kids to engage  
in their  
natural surroundings  
local agricultural community,  
and the broader ecological  
world through an adventure  
and discovery-based  
curriculum.*





**Our goal is to get kids outside...**

**discovering,  
inquiring  
learning...**



# How are we doing this?

Vegetable  
Gardening  
and  
Harvesting





# Worm Composting



# Exploring Science

## Ecosystems





# Wind And Weather





# Field trips



# Recycling



# Team Building And Wilderness Survival





Rope

Work



# Rock Climbing





Nature  
Walks  
Hikes  
Salmon Release  
Aboriginal teachings





# **Other plans for the year**

**Wilderness survival continued**

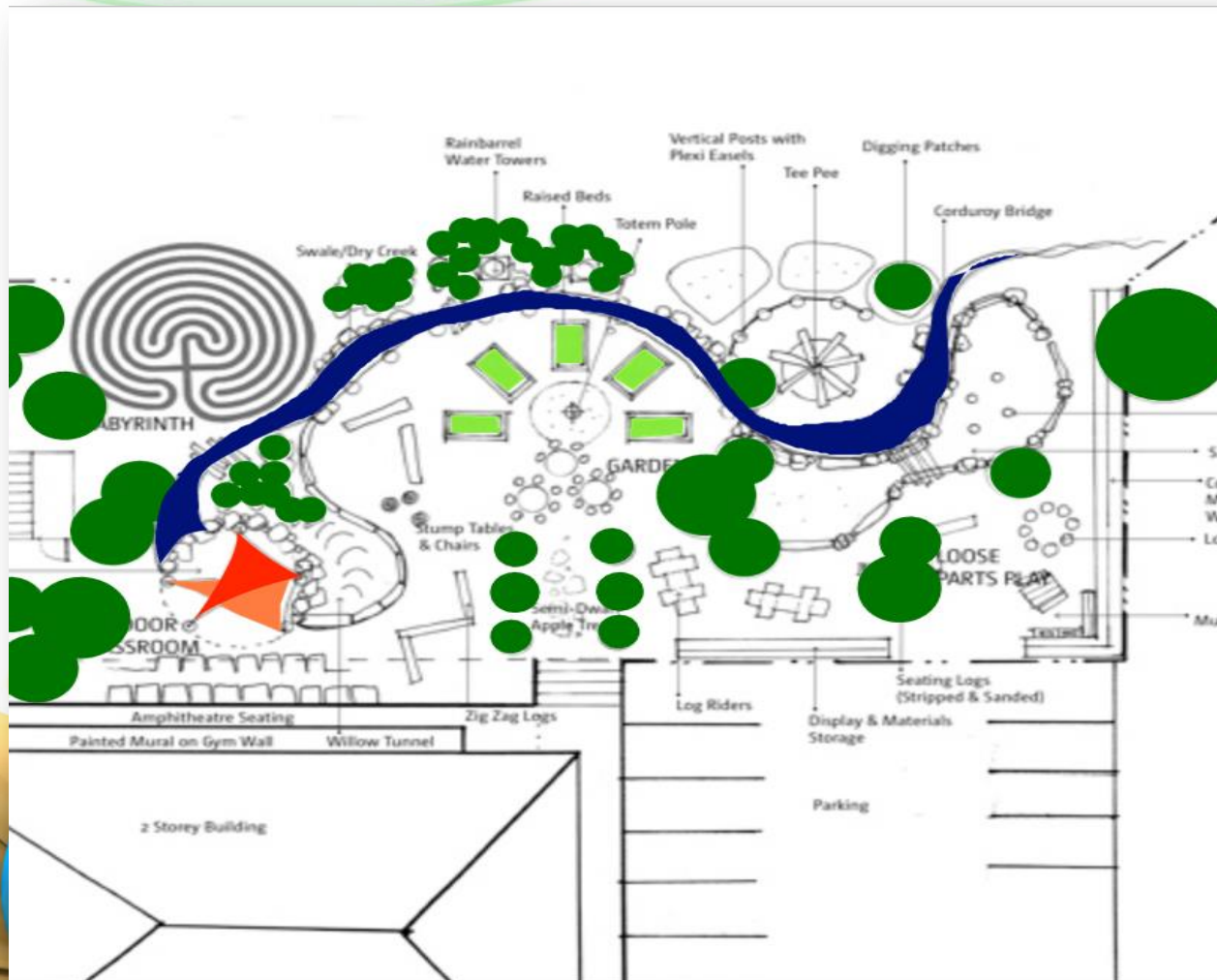
**Snow adventure**

**Water safety and kayaking**



# What are out future plans

We are working on outdoor education and play center plans



# A learning place

...to inquire





# Mud kitchen

Play and explore





# Artful touches





# Loose parts play

**Creativity**  
**Imagination**





# Problem Solving

...hmmm



# Rich language opportunities

...writing, storytelling





# Props ...discover





Thank  
You!



# Are you interested?

Contact Dewdney School

## Registration Process

## QUESTIONS?

