

Welcome Back! September Mission



Date	Hot Lunch	Vegetarian Lunch	Fruit	Cold Lunch
Monday September 15	Bacon Mac & Cheese with Fruit	Mac & Cheese with Fruit	Fresh Berry Cup	Fried Egg Sandwich with Peach Cup & Granola Trail Mix
Wednesday September 17	Fun Lunch! Crispy Chicken Bites with Wedge Fries	Fun Lunch! Crispy Veggie Strips with Wedge Fries	Mango Yogurt Parfait	Chicken Salad Sandwich with Cucumber + Dip & Carrot Muffin
Friday September 19	Non Instructional Day!			
Monday September 22	Beef Meatball Marinara on Spaghetti with Fruit	Veggie Ball Marinara on Spaghetti with Fruit	Watermelon Cup	Greek Chicken Wrap with a Mandarin & Double Chocolate Cookie
Wednesday September 24	BBQ Chicken on Vegetable Rice with Fruit	BBQ Veggie Tenders on Vegetable Rice with Fruit	Mixed Fruit Yogurt Parfait	Ham & Cheese Sandwich with an Apple & Banana Cake
Friday September 26	Fun Lunch! Beef Hot Dogs with Chips	Fun Lunch! Veggie Dogs with Chips	Fruit Cup	Tandoori Chicken Wrap with Carrots + Dip & Granola Bar
Monday September 29	Butter Chicken on Rice with Mixed Veggies	Butter Paneer on Rice with Mixed Veggies	Raspberry Yogurt Parfait	Deli Chicken Sandwich with Apple Sauce & Chex Mix