

MAY LUNCH MENU

SD75 MISSION

DATE	HOT LUNCH	VEGETARIAN LUNCH	SANDWICH LUNCH	FRUIT / VEGGIE (WITH SANDWICH)	SIDE ITEM (WITH SANDWICH)	SIDE
WEDNESDAY MAY 1	BEEF HOT DOG WITH CHIPS & YOGURT	VEGGIE HOT DOG WITH CHIPS & YOGURT	EGG & BACON SALAD SANDWICH	APPLE	YOGURT	GRAPE CUP
FRIDAY MAY 3	CHICKEN CHOW MEIN WITH A FRUIT	TOFU CHOW MEIN WITH A FRUIT	TANDOORI CHICKEN WRAP	CUCUMBER	BANANA MUFFIN	PINEAPPLE CUP
MONDAY MAY 6	MEAT SAUCE & PENNE WITH A FRUIT	VEGGIE GROUND SAUCE & PENNE WITH A FRUIT	PIZZA SALAMI SANDWICH	APPLE SAUCE	CHOCOLATE CHIP COOKIE	FRESH BERRY CUP
WEDNESDAY MAY 8	BBQ PULLED PORK & WEDGE FRIES WITH A FRUIT	BBQ TOFU & WEDGE FRIES WITH A FRUIT	CHICKEN TACO WRAP	APPLE	GRANOLA TRAIL MIX	MANGO YOGURT PARFAIT
FRIDAY MAY 10	CHICKEN FAJITA WRAP WITH FRUIT & YOGURT	BEAN FAJITA WRAP WITH FRUIT & YOGURT	CHICKEN SALAD SANDWICH	ORANGE	BROWNIE	APPLE YOGURT PARFAIT
MONDAY MAY 13	CRISPY CHICKEN BITES & WEDGE FRIES WITH A FRUIT	CRISPY VEGGIE BITES & WEDGE FRIES WITH A FRUIT	DELI TURKEY SANDWICH	APPLE SAUCE	GRANOLA BAR	PINEAPPLE CUP
WEDNESDAY MAY 15	CHEESY BEEF BAKED MACARONI WITH A FRUIT	CHEESY VEGGIE GROUND BAKED MACARONI WITH A FRUIT	WOW BUTTER & STRAWBERRY JAM SANDWICH	CARROTS	BLUEBERRY MUFFIN	MELON CUP

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FRIDAY MAY 17	PRO D DAY					
MONDAY MAY 20	VICTORIA DAY					
WEDNESDAY MAY 22	BBQ PULLED CHICKEN BURGER WITH CHIPS & YOGURT	VEGGIE BURGER WITH CHIPS & YOGURT	DELI CHICKEN SANDWICH	CARROTS	CHOCOLATE ZUCCHINI LOAF	RASPBERRY YOGURT PARFAIT
FRIDAY MAY 24	BEEF LASAGNA WITH BUTTERED CORN	VEGGIE LASAGNA WITH BUTTERED CORN	ROAST BEEF SANDWICH	CUCUMBER	YOGURT	PINEAPPLE CUP
MONDAY MAY 27	BACON MACARONI & CHEESE WITH A FRUIT	MACARONI & CHEESE WITH A FRUIT	CHICKEN SALAD SANDWICH	ORANGE	BROWNIE	WATERMELON CUP
WEDNESDAY MAY 29	CHICKEN DUMPLINGS & FRIED RICE	VEGGIE DUMPLINGS & FRIED RICE	EGG & BACON SALAD SANDWICH	APPLE	YOGURT	PINEAPPLE CUP
FRIDAY MAY 31	SPAGHETTI & MEATBALLS WITH A FRUIT	VEGGIE MEATBALLS & SPAGHETTI WITH A FRUIT	CHICKEN BACON WRAP	PEACH CUP	CARROT CAKE	BLUEBERRY YOGURT PARFAIT